

## Myers-Briggs Type Indicator (MBTI) Training

### Myers Briggs Team Building Activities

This MBTI training workshop demonstrates how the Myers-Briggs Type Indicator assessment can radically improve team dynamics by presenting a clear picture of the strengths and benefits associated with specific personality traits while giving everyone the tools and common language needed to harness individual potential!

Having diverse personalities within a team can be a tremendous advantage to a department or an intact working team. Understanding this asset can enhance productivity while decreasing unproductive conflict.

This Myers-Briggs Type Indicator training begins with an assessment, that indicates personality preference. This form of personality training in the workplace allows each participant to gain an in-depth snapshot of the strength that he or she brings to the team.

When the data is looked at as a whole, it will show the composition of your group and how to use the results to enhance communication while allowing the group leader to develop a preferred style of team management.

#### THE MBTI WORKSHOP WILL:

- Increase awareness of your team's relationships by identifying the types of personalities that make up your group and demonstrate how awareness of personality styles can translate into positive behavior
- Clearly define personality types so that the terminology can be implemented regularly in the workplace, allowing individuals to address differences respectfully and productively
- Explain thinking, organization, and decision-making associated with each personality style, showing how Myers-Briggs team building activities can improve communication preferences and team dynamics.

To ensure a great experience, aspects of this training program may be modified to benefit your group size, group makeup, and time available.

For photos and video, please visit our website at <https://bestcorporateevents.com/programs/myers-briggs-type-indicator-mbti>

Or Scan QR Code to visit our website:



## Program Details

#### Group Size:

Any

#### Team Size:

N/A

#### Program Length:

3 - 4 Hours

#### Space Requirement

Varies according to your group size. Classroom Style or Rounds.

#### Setting:

Indoor

#### Physicality:

Low

## What's Included?

Pricing varies depending upon the number of participants and includes the Professional Development program, prep, production coordination, program design, and an experienced professional trainer. Materials for this program are extensive so please add \$95 per participant.