

## Emotional Intelligence Training

When applied in an organization, a company with proper Emotional Intelligence training is one in which each employee has a better understanding of how he or she can manage emotions more effectively while taking responsibility to contribute to his or her fullest. This workshop is both thought-provoking and effective in helping teams achieve long-term, measurable change.

Emotional Intelligence (E.I.) is the ability to sense, understand, and effectively apply the power of our wide-ranging field of emotions, tapping into our own emotional quotient as a source of energy and guiding influence.

The application of E.I. at work can create a culture of trust, exceptional "internal customer" loyalty, enhanced social awareness, and honest and open communication. In this workshop, each participant will gain a better understanding of E.I. as a tool for personal and professional growth as it taps into the basic understanding of human emotion and motivation.

### THE WORKSHOP WILL:

- Explore the business & scientific cases for Emotional Intelligence
- Teach the building of exceptional organizations: Six Components of E.I.
- Discuss ethics, standards, strategy and dealing with reality
- Look at assessing your emotional quotient (E.Q.) and the applications for E.Q.

To ensure a great experience, aspects of this training program may be modified to benefit your group size, group makeup, and time available.

## Clients Talk About this Program

Wonderful! Your Emotional Intelligence Training workshop was exactly what our team needed. We had such a good time, and our lead facilitator was excellent and very knowledgeable. We had lots of laughs during the workshop and learned a lot about each other.

April - [HealthSouth](#)

For photos and video, please visit our website at  
<https://bestcorporateevents.com/programs/emotional-intelligence>

Or Scan QR Code to visit our website:



## Program Details

### Group Size:

Any

### Team Size:

N/A

### Program Length:

3 - 4 Hours

### Space Requirement

Varies according to your group size. Classroom Style or Rounds.

### Setting:

Indoor

### Physicality:

Low

## What's Included?

Pricing varies depending upon the number of participants and includes the Professional Development program, prep, production coordination and all materials, program design, and an experienced professional trainer.