

Team Olympics

Team Building Olympic Games: An Action-Packed, Olympic-Themed Experience

Go for the gold with Team Olympics, a high-energy program that combines athletic-inspired team challenges with spirited collaboration and friendly competition. Whether hosted indoors or outdoors, this program is a surefire way to ignite energy, camaraderie, and lasting team pride.

Ideal for large and active groups, Team Olympics is customizable to your location and available amenities—with themes ranging from traditional Olympic games to Cowboy, Winter, or Beach-style variations. The result? A team building experience that's both memorable and adaptable.

Program Agenda

The event begins with a group warm-up and team formation, complete with color-coded identifiers for easy recognition. A chosen VIP leads the opening lap to kick off the games, and then it's time to compete.

Guided by high-energy music and an experienced facilitator, teams face off in a rotating series of Olympic-style activities that may include:

- Ski Team Challenge
- Chasing the Numbers
- Block Stack Relay
- Target Practice
- Team Anthem

Teams earn points throughout the games and compete for bronze, silver, and gold medals – with plenty of cheering, bonding, and laughs along the way.

Program Outcomes & Takeaways

- Promotes collaboration and trust through shared challenges
- Sparks team energy and motivation in a dynamic setting
- Encourages inclusive participation with "Challenge by Choice"
- Reinforces leadership, creativity, and real-time problem solving
- Celebrates both individual strengths and collective achievement

Program Customization

The delivery of this program can be adjusted to suit your group, with customization opportunities including:

Program Details

Group Size:

30 to 1,000+

Team Size:

12 to 15

Program Length:

1.5 to 2 hours

Space Requirement

50 sq. ft. per person (must be a level surface)

Setting:

Indoor / Outdoor

Physicality:

High

What's Included?

Professional facilitator and event staffing All props, materials, and equipment for games Program design, planning, and production Medals for winning teams On-site setup and coordination

- Thematic variations (e.g., Cowboy Games, Winter Games, Beach Games)
- Incorporating location-specific amenities (e.g., pool, putting green, volleyball court)
- Custom-branded team banners, medals, or gear
- Adjusting challenge intensity to match group needs or goals

Our philosophy of “Challenge by Choice” offers individuals the ability to determine their own level of physical participation without missing out on any of the fun. Team building Olympic games is an exceptional way to generate team spirit while competing for the opportunity to stand on the winner’s podium.

Ready to bring your team together and take home the gold? Book your Team Olympics event today!

Clients Talk About this Program

Thank you so much for this great event! The Team Olympics program your company delivered were Fun, Fair and Full of energy - just what our team needed and wanted. I like the fact that it required both competition and cooperation from the teams as they moved through the activities. Thanks again for a great event.

Robert - [AMEX](#)

For photos and video, please visit our website at <https://bestcorporateevents.com/programs/team-olympics>

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